

CO – CURRICULAR ACTIVITIES PROGRAMME

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Years 1-6 Term 1 | 2022-2023

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Dear Parents,

We are launching our new Co – curricular activities programme. This year the Cocurricular programme is designed to enhance and complement our curriculum. We are aiming to stream our CCA programme within 3 streams to ensure that students can participate in more varied activities throughout the year. Our 3 streams we are focusing on are Creative, Active and Service Activities. This shift will mean that all students will have more opportunities to experience different activities throughout the year. The quality of activities will be higher and more consistent. The programme aims to add challenge for students to own their achievements. The programme will also assist in developing stronger partner links within the Hanoi Activities Conference, Nord Anglia group and FOBISIA schools.

Term 1 will start on **Monday 26 September 2022.** The activities will run through until **Friday 9 December 2022**. The Co-curricular programme provides a great opportunity for your child to take part and develop different facets of school life.

Students will be asked for multiple preferences although they will be allocated to one, two or three activities only. Not all activities are available to all year groups, please see the descriptions in the brochure. Information on paid activities can also be found within the brochure. The sign-up process tries to ensure all students are granted a place on either their first, second or third choice of preference. Please see the application guidelines below for detailed instructions.

Mrs. Salome Airdrie

Director of sport and activities

Application guidelines:

- All activities (free and paid) need to be selected online via School Cloud
 <u>bish.schoolcloud.co.uk</u>
- This term we will use a single signup phase which will be open from **Wednesday 31 August to Monday 5 September at 9 am.** You will be able to make multiple choices which you then click to submit. Details of this process are given below under the title: **How to select your child's activities**.
- After **Monday 5 September 9 AM**, students who have signed up for an activity must commit to it for the whole of the term. Children will not be allowed to swap activities.
- All choices will be allocated on a first-come, first-served basis.
- If students are absent from their activity without authorization on more than one occasion, they will be removed from the activity and their place will be offered to a student on the waiting list.
- Children wishing to take part in paid activities can make payments by transferring money to the school as soon as the child's activity is confirmed. Below are the BIS bank account details:

Bank name:	HSBC VIETNAM – HO CHI MINH BRANCH
Bank address:	The Metropolitan, 235 Dong Khoi Street, District 1,
	HCMC, Vietnam.
Account name:	BIS HA NOI
Account No.VND:	091-255505-002
SWIFT Code:	HSBCVNVX
Bank code:	79617001

Please include in the transfer instructions "Name of CCA" and your child's name and class.

- Activities have maximum and minimum numbers, which vary according to the activity.
- Once the maximum number of children has been reached, the activity will be 'closed' and the activity name will be highlighted in red.
- Children who sign up for activities that are oversubscribed will be placed on a waiting list.
- Activities may be cancelled if the total number of participants does not meet the required minimum.

Paid Activities

Paid activities will be confirmed via email to those who have been allocated a place. School cloud has information about each of the activities and all details can be found by expanding the blue information tab. In Term 1, by selecting a paid activity and paying the associated fees, you are agreeing to the school's liability waiver and agree to pay the required fee. **Payments need to be made by Friday 16th of September 2022,** otherwise the place will be offered to the children who have been placed on a waiting list.

On-line Activity Selection

All activities (free and paid) need to be selected on-line via **School Cloud**. Please see the below for instructions. Please note your first choices may not always be possible. Please take time to read through the rest of this booklet and log on to School cloud. If you have any questions, please contact <u>bis.activities@bishanoi.com/</u> <u>Salome.airdrie@bishanoi.com</u>

Parents' Guide for Booking CCA Term 1

Browse to https://bish.schoolcloud.co.uk/

BIS Hanoi SchoolCloud Welcome to the IBS Hanoi booking system, Bookings can be amended via a link from the email confirmation - pleas misure your email address is correct.	Step 1: Click to the link above then Press Log in with ISAMS Parent Portal and use the same details you use to access your child's academic reports. If you have any technical problems when logging in,					
Teacher Login Administrator Login ≴school cloud	please email <u>helpdesk@bishanoi.com</u>					
PARENT PORTAL Please enter your login credentials:	Step 2: Login with your username and password.					
Username / Email						
Password						
Remember me Sign In						
Sign in via Azure AD Forgotten your detail:						

CCA Term 1 (2022-2023	3)	
CCA Term 1	Continue Open for bookings	>

Step 3: Select CCA Term 1

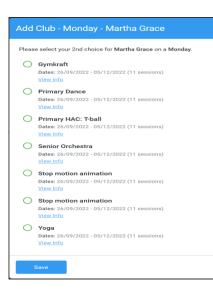
Click on the event you wish to book.

Select CCA Term 1 by clicking on Continue



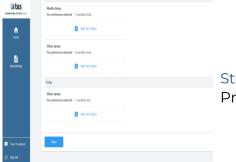
Step 4: Select Activities

Add 1st Choice, 2nd Choice, 3rd Choice, ... for some activities for everyday that you want to attend and Save.



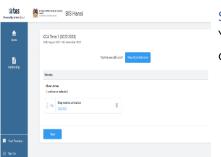
Step 5: Select Availability

Drag the sliders at the top of the screen to select some activities you can attend. Press Save



Step 6:

Press 'Next' after you selected all activities for your children



Step 7:

You can delete some activities if you want to change by clicking on the trash icon.



Step 8: Finished

Press 'Confirm' button to complete your choices.

All your bookings now appear on the My Bookings page. An email is sent when the school allocates bookings based on your preferences and you can also print bookings by pressing Print. Click Subscribe to Calendar to add these and any future bookings to your calendar.

To change your bookings, click on Amend Preference.

MONDAY

	YEAR GROUPS	ΤΙΜΕ	CAPACITY PER SESSION	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Secondary Minecraft	Years 6 - 10	15:05 - 16:05	10	Mr. Durkan	C121	Play to create. Explore new gaming adventures
Stop motion animation	Years 4 - 6	15:05 - 16:05	15	Ms. Owen	P223	Learn and create your own stop motion movies.
Year 1 Cooking Club	Year 1	15:00 - 16:00	10	Ms. Garnish & Ms. Beasant	EYC Kitchen	Come and join us to cook some sweet and savory dishes.
Primary HAC: T- ball	Years 4 - 6	15:05 - 16:05	40	Ms. Flavin & Mr. Manning	Sports field	Train and be part of the school sport teams who compete in the HAC league and tournaments.
Primary Art	Years 1-3	15:05 - 16:05	16	Ms. Harvey & Ms. Anh	P220	A variety of drawing, painting and crafts

Primary Spanish	Years 4 - 6	15:05 - 16:05	15	Ms. Dorr	S310	¡Hola! Come and learn Spanish - perfect for students who don't yet study MFL in Primary! You will learn how to introduce yourself in Spanish, how to count, the colours and much more!
Primary French	Years 4 - 6	15:05 - 16:05	15	Ms. Chehab	S308	Bonjour! Come and learn how to speak French. This activity is perfect for students who don't yet study a Modern Foreign Language in Primary. You will learn how to introduce yourself in French, how to count, the colours and so much more!
Vietnamese Traditional Games	Years 5 - 6	15:05 - 16:05	10	Ms. Hanh Le	P202	Children will have a chance to play some interesting traditional games of Vietnam in order to relax after school and understand a little bit Vietnamese culture also.
Year 1 Dance	Year 1	15:00 - 16:00	10	Ms. Hue Nguyen	EYC MPR	Children will have a chance to learn different dances
Podcast: Lively with Lionhearts	Years 6 - 13	15:05 - 16:05	30	Ms. Airdrie & Mr. Pearson	C208	Be part of the team who reports on sport and wellbeing in the school. The podcast episodes are released every 2 weeks. Learn how

						to report and make podcasts
Japanese History Club	Years 5 - 13	Lunch time	10	Ms. Sophie Peters	S322	Teaching Japanese history to international students at BIS
Gymnastics Gymkraft Vietnam (Paid activity) Cost for Term 1: VND 3,960,000	Years 3 - 8	15:05- 16:05	8	Gymkraft	Sport Hall	Our course helps students understand the movement of the body and apply it to life and other sports. It also helps them know how to protect themselves when falling with basic acrobatic movements. Besides that, children will get good health and endurance. Our course provides a growth environment for self-confidence and self-expression for children. Results after the course: learn skills from basic to advanced depending on the child's condition and aptitude according to the Gymnastics Australia program. Skills like forward roll, backward roll, cartwheel

						Cost for Term 1: VND 3,960,000
Robotics-Robo Done Japan Y3-6 (Paid activity) Cost for Term 1: VND 5,060,000	Years 3 - 6	15:05- 16:05	30	IEB	Normal classroom where table and chair are moveable	Topic: Robo Done from Japan Our extracurricular program aims to help students develop fine motor skills and logical thinking through exciting robotics lessons and activities. + Grow passion for programming & technology + Cultivate knowledge of Math & Physics + Develop imagination, Teamwork, Presentation skills + Competing simulations of World Robotics Olympiads (WRO .)

TUESDAY

Primary Choir	Years 3 - 6	Lunch time	30	Ms. Beasant & Ms. Carroll	Music room	Learning songs and getting ready for performances both in and out of school.
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Robotics-Robo Done Japan Y1-2 (Paid activity, no school bus provided) Cost for Term 1: VND 5,060,000	Years 1-2	15:05- 16:05	30	IEB	Normal classroom where table and chair are moveable	Topic: Robo Done from Japan Our extracurricular program aims to help students develop fine motor skills and logical thinking through exciting robotics lessons and activities. + Grow passion for programming & technology + Cultivate knowledge of Math & Physics + Develop imagination, Teamwork, Presentation skills + Competing simulations of World Robotics Olympiads (WRO)
Basketball Junior (Paid activity, no school bus provided) Cost for Term 1: VND 3,300,000	Years 5 - 8	15:15- 16:45	40	SSA	Sport Hall	International standard basketball training in cooperation with the guidance of experienced foreign coaches. Students practice skills from fundamentals such as dribbling, passing, shooting, layup, footwork to advanced game strategy, to maximize height, strength and encourage the determination, problem solving

						and teamwork spirit in sports. In addition to physical training and basic basketball skills, students also have access to a 3×3/5×5 format. Cost for Term 1: VND 3,300,000
Basketball Kids (Paid activity, no school bus provided) Cost for Term 1: VND 2,200,000	Years 1-4	15:15- 16:15	40	SSA	Sport Hall	International standard basketball training in cooperation with the guidance of experienced foreign coaches. Students practice skills from fundamentals such as dribbling, passing, shooting, layup, footwork to advanced game strategy, to maximize height, strength and encourage the determination, problem solving and teamwork spirit in sports. In addition to physical training and basic basketball skills, students also have access to a 3×3/ 5×5 format.

Football Junior (Paid activity, no school bus provided) Cost for Term 1: VND 3,300,000	Years 5 - 8	15:15- 16:45	40	SSA	Primary Field	SSA's specially designed curriculum based on the Long-Term Athletic Development Model emphasizes the use of small sided games and maximized touches on the ball with the resulting skill development creating a lifelong love of the sport. Each session follows a standardized format aimed at improving players technical ability, skill, and decision making on and off the ball. All players centered practice also develop leadership, responsibility, and problem-solving skills.
Football Kids (Paid activity, no school bus provided) Cost for Term 1: VND 3,300,000	Years 1 - 4	15:15 - 16:45	40	SSA	Primary Field	SSA's specially designed curriculum based on the Long-Term Athletic Development Model emphasizes the use of small sided games and maximized touches on the ball with the resulting skill development creating a lifelong love of the sport.

	Each session follows a standardized format aimed at improving players technical ability, skill, and decision making on and off the ball. All players centered practice also develop leadership, responsibility, and problem-solving skills.
	Cost for Term 1: VND 3,300,000

WEDNESDAY

Ukulele club	Years 4 - 9	Lunch time	40	Ms. Kirk	C323	Come along to this lunchtime ukulele jam! All abilities welcome. If you have never played before we will show you how.
Junior orchestra	Years 4 - 6	15:05 - 16:05	30	Ms. Kirk	C323	Open to all students in the Primary school who play a musical instrument and would like to play as part of an ensemble. We play a mixture of musical styles, learning from printed music and playing by ear, to develop different musical skills.

Mindfulness	Years 2 - 6	15:00 - 16:00	15	Ms. Leukes	P115	The mindfulness club is a fun and wonderful way to relax and calm our minds and bodies by doing fun activities that also practices attention training.
Water colour Art Club	Years 4 - 7	15:05 - 16:05	20	Ms Dung & Ms. My	P206	Come and join us. Let's create your own fabulous art work with water color
Primary HAC: Football	Years 4 - 6	15:05 - 16:05	41	Ms. Flavin, Mr. Atkinson, Ms. Cockell & Ms Hop	Sports Hall	Train and be part of the school sport teams who compete in the HAC league and tournaments.
Run for Fun	Years 4 - 13	15:05 - 16:05	20	Ms. Clark, Ms. Pearson	sports field	Come run for fitness with your friends. We will run around Vinhomes riverside and increase our fitness levels.
Fitness	Years 2 - 6	15:05 - 16:05	15	Ms. Monsod, Ms. Carmichae I	Fitness room	Join your friends in getting fitter. We will learn different ways of getting fit and develop our fitness throughout the term.
Primary Swimming	Years 3 - 6	15:50 - 16:05	20	Ms. Hill	Swimming pool	Developing your swim stroke. Students should be water safe and be able to swim 15 meters unassisted.
School Yearbook Club	Years 5 - 13	15:05 - 16:05	20	Mr. Addison & Ms. Berkeley	P112	Be involved in designing and creating the school yearbook. Feature articles and how we would like to showcase the school.

Primary Art: Colour plaster	Years 2 - 4	15:05 - 16:05	10	Ms. Giang & Ms. Hai	P118	Children can paint and personalize their own plaster figurines! The painting set is easy to use and loads of fun to decorate! Create their own masterpiece and use it as a toy, or nice art decoration for their home.
Kids Yoga	Years 2 - 4	15:05 - 16:05	15	Ms. Trang & Ms. Hue	P316	Children will learn how to focus and center themselves with various breathing and visualization techniques. They will also learn self- respect and respect for others with the practice of fun and challenging poses, partner and group poses, lots of yoga games, breathing and basic anatomy.
Design Thinking-3D Design Makers Empire (Paid activity) Cost for Term 1: VND 5,060,000	Years 3 - 6	15:05- 16:05	15	IEB	ICT Room	Topic: Makers Empire + The world's most fun & easy to use 3D design learning program + Help child(ren) become creators, innovators and problem-solvers so they can adapt and thrive in a dynamic world. + Help them develop an innovation mindset so they are able to regroup

	and persist when faced with setbacks.
	Cost for Term 1: VND 5,060,000

THURSDAY

Martial Art/ Self defense	Years 6 - 13	15:05 - 16:05	8	Mr. Roe & Ms. Phuong	Fitness room	We will learn some practical martial arts skills from a range of styles that can develop fitness, flexibility and self-defense skills.
Year 1 - 3 Recreational sport	Years 1-3	15:05 - 16:05	40	Ms. Goodwin, Ms. Colclough & Ms. Minh	Primary field	Come and play various different sports.
STEAM 4.0 - Primary	Years 4 - 6	15:05 - 16:05	20	Mr. Labelle	Steams room	Join the STEAM 4.0 Team to work together to solve problems and complete cool MIT Challenges, and ask the question – what is LIFE? What are the smallest building blocks of life? What is life on alien planets like? What, exactly, is our social life? We are also going to be working with Performing Arts to take part in this year's production! Join STEAM 4.0 to find out more

Marble Run	Years 2 - 6	15:05 - 16:05	30	Ms. Garner, Ms. Sutherlan d	P214	A chance to develop problem- solving skills and to have fun, building and improving marble runs in teams.
Zumba	Years 1 - 4	15:05 - 16:05	15	Ms. Sudworth	EYC MPR	A chance to increase your fitness through Zumba styled sessions.
Stories and Craft	Year 1	15:05 - 16:05	12	Ms. Mai	Year 1 classroom	We'll learn about interesting stories and then have amazing craft together.

FRIDAY

Brass club	Years 5 - 13	Lunch time	50	Mr. Scott	C321	Brass Club returns this year ready to perform at the International Festival and Winter Concert and to represent our school out in the community. Students from year 5-13 are welcome to join and school can support a limited number of students with borrowing instruments. All returning Brass Club students are welcome to join and will be allowed to continue on the same instrument. Students new to the club should
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						contact Mr Scott to check the availability of instruments. No experience necessary, and whilst knowing how to read music does help, you will develop this skill along with your listening and performance skills throughout the term.
Computer science Club- Code combat Y3-6 (Paid activity – no school bus provided) Cost for Term 1: VND 5,060,000	Years 3 - 6	15:05 - 16:05	30	IEB	ICT room	Topic: Code Arena + A super fun learning coding for students from 8 years old + Explore and improve your knowledge of Computer Science and the world's top programming languages Python + Form and develop digital and logical thinking through algorithms to win matches and become the champion.